

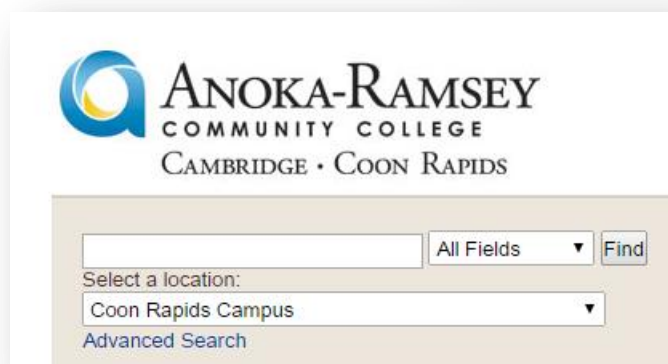
# Finding Books: MnPALS Plus

The online catalog, called MnPALS Plus, is a searchable database for books and materials.

- From [anokaramsey.edu](http://anokaramsey.edu), locate the link for library.
- Select Coon Rapids Campus
- You are now at the library's homepage, which you may wish to bookmark for future reference... (**Ctrl + D** for most web browsers).
- Under the heading **Find Books**, click MnPALS Plus.





- This opens a basic search screen in the online catalog. In the search field, enter your search term(s) based on topic/keyword, or book title or author. Click find.

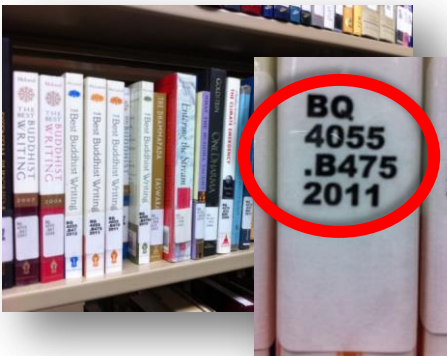


- From the list of results, notice how many items were retrieved. Results indicate whether the resource is a book, or video/streaming media, bibliographic information, availability and finally **LOCATION & CALL NUMBER**.

Showing 1 - 20 of 89 for search: 'yoga', query time: 0.14s

	<p><b>Yoga : the art of transformation /</b> by Diamond, Debra, <b>Published:</b> Washington, D.C. : Arthur M. Sackler Gallery, Smithsonian Institution, [2013] <b>Table of Contents:</b> "...Yoga: the art of transformation /..." <b>Located:</b> Coon Rapids Campus Library Book Ranges <b>Call Number:</b> N7301 .D53 2013</p> <p>Available</p> <p>Printed Book Book Nonfiction</p>
	<p><b>Yoga voyage in search of the self /</b> <b>Published:</b> New York, N.Y. : Films Media Group, [2005], c2002. <b>Table of Contents:</b> "... for Yoga (3:00) -- Rishikish: A Center for Meditation (2:52) -- True Ascetic Life Through Yoga (2:16)..." <b>Located:</b> Films on Demand Click to access this streaming video</p> <p>Available</p> <p>Electronic Video Videotape Videorecording Electronic Resource</p>

- For books, the location indicates **CR Campus, Library Book Ranges** (shelves within the library).



- The **call number** corresponds to the sticker on the spine of the book and serves as your key to locating that book on the shelf.

- The column at the right offers ways to narrow your results by topic and year.

**Narrow Search**

**Topic**

[Yoga \(28\)](#)

[Hatha yoga \(20\)](#)

[Physical fitness \(15\)](#)

[Electronic books \(11\)](#)

[Exercise \(11\)](#)

[more ...](#)

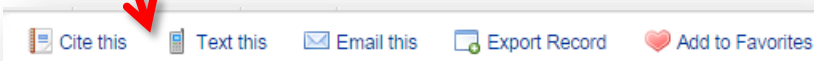
**Year of Publication**

From:  To:

- Click on the title to open the item's record, for more information about the book.

## Item's Record

- The location and bibliographic information is indicated at the top. Additionally, notice the **Note**. This section briefly describes the contents of the book and you can better determine whether or not it will suit your research.
- The **Subject** terminology can also be useful to narrow, expand or refine your topic.
- Once you've determined if you want this book, make note of the call number, retrieve the book off the shelf and check it out at the circulation desk using your library card.
- Using the icons/links at the top of the record, will allow you to **cite**, **text** or **email** record for future reference.



- Otherwise, consider refining your search using different keywords or expand your

search to include other libraries through our Interlibrary Loan service (ILL for short).

- To learn to how to borrow materials from other libraries, refer to the **ILL** section of the *Research Guides*.