



UPWARD BOUND STUDENT APPLICATION

Anoka-Ramsey Community College, Coon Rapids Campus



WHAT IS UPWARD BOUND?

The Anoka-Ramsey Community College Upward Bound Program is a federally funded TRIO educational program designed to serve a total of 100 students from seven area high schools: Anoka, Blaine, Coon Rapids, Champlin Park, Osseo Park Center and Spring Lake Park High Schools. The mission of the Upward Bound program is to help students develop the skills and motivation necessary to succeed in education in high school and beyond. **Admission to the Upward Bound program is not automatic; it is a privilege to be accepted in the Upward Bound program following the rigorous application and selection process.** It is very important that students take the activities and requirements of the program seriously. If it is determined that a student is not taking this commitment seriously, the student may be placed on a contract and/or be dismissed from the program.

WHO QUALIFIES FOR THE PROGRAM?

To qualify for the program you must meet all of the following criteria:

1. Be a high school student who is entering 9th, or 10th grade at one of these high schools: Anoka, Blaine, Champlin, Coon Rapids, Osseo Park Center and Spring Lake Park
2. Be a potential first-generation college student (custodial parent[s] have not received a four-year college degree) **and/or** have limited family income
3. Be in need of academic support
4. Be a United States citizen or permanent resident

WHAT DOES UPWARD BOUND DO?

The Upward Bound program consists of two parts--an **academic-year program** and a **six-week summer session, which have the following objectives:**

1. **Increase academic performance of program participants**
2. **Increase motivation of participants to complete high school and pursue postsecondary education**
3. **Provide informative career and educational opportunities for all participants**
4. **Increase participation in cultural/educational opportunities beyond those available through high schools**
5. **Provide tutoring services, academic advising and counseling to program participants**
6. **Provide assistance in completing the application process for admission to a postsecondary institution**

HOW DO YOU APPLY?

Each candidate must submit:

- This application
- Parent form
- Teacher nomination form (English, Math, Science, or Social Studies)
- Counselor Nomination form
- A current high school transcript with MCA II/BST scores
- Family financial verification (a copy of last year's Federal Income Tax Return)
- A copy of your Social Security Card or Alien Registration Card

For Further Information

Call 763-433-1170

**UPWARD BOUND STUDENT APPLICATION
ANOKA-RAMSEY COMMUNITY COLLEGE**

Anoka-Ramsey Community College's Upward Bound Program is a federally funded TRIO program through the United States Department of Education.

PERSONAL DATA

Date of this application: _____ Social Security Number: _____ - _____ - _____

Name: _____
Last First Middle

Address: _____
Number/Street Apt. Number

_____ City State Zip Code

Phone: Home (_____) _____ Cell: (_____) _____

E-Mail Address: _____

Birth Date: Mo _____ Day _____ Yr _____ Gender: _____ Male _____ Female

Emergency Contact (someone who will always know how to reach you):

Name _____ Phone (_____) _____

Address _____

City _____ State _____ Zip Code _____

Relationship to you _____

Predominant Ethnic Background: (check one)
_____*American Indian or Alaskan Native*
_____*Asian*
_____*Black (Afro-American, non-Hispanic origin)*
_____*Hispanic or Latino*
_____*White (non-Hispanic origin)*
_____*Native Hawaiian or other Pacific Islander*

Citizenship:
_____*United States Citizen*
_____*Permanent Resident***
_____*Refugee*
_____*Other*

**** if you are a permanent resident, you must provide us with a copy of your permanent resident card.**

How did you hear about Upward Bound?

- | | |
|---|--|
| <input type="checkbox"/> School teacher/counselor/administrator | <input type="checkbox"/> Current/former UB student |
| <input type="checkbox"/> Friend | <input type="checkbox"/> UB Advertisement |
| <input type="checkbox"/> Parent/Guardian | <input type="checkbox"/> Other |

Are you or have you been involved in any type of college preparatory program, including Upward Bound?

- Yes specify: _____ No

EDUCATIONAL BACKGROUND/CAREER PLANS

High School you are currently attending:

- | | |
|--|---|
| <input type="checkbox"/> Anoka High School | <input type="checkbox"/> Osseo High School |
| <input type="checkbox"/> Blaine High School | <input type="checkbox"/> Park Center High School |
| <input type="checkbox"/> Champlin Park High School | <input type="checkbox"/> Spring Lake Park High School |
| <input type="checkbox"/> Coon Rapids High School | |

Current Grade Level: _____ Expected date of high school graduation: _____, 20_____

Counselor's Name: _____

Have you ever received services through an IEP or Title IV? Yes No

When you finish high school what do you intend to do:

- Attend college/university Name of Institution: _____
- Attend community college Name of Institution: _____
- Attend vocational/technical college Name of Institution: _____
- Military service
- Work Full-time or part-time
- Other, specify _____

What are your favorite subjects in school? _____

What are your least favorite subjects? _____

What careers are you interested in pursuing? _____

With who have you discussed your educational/career interests?

- School teacher/counselor/administrator
- Parent/guardian
- Program Advisor
- Friend
- Minister/Pastor/Reverend/Clergy/Rabbi
- Other
- No one

Are you currently working? _____ If yes, how many hours a week do you work? _____

Are you involved in extracurricular activities? Check all that apply

- Sports, specify: _____
- Music, specify: _____
- School sponsored clubs, specify: _____
- Church organizations, specify: _____
- Other: _____

Are you able to attend weekly after school tutoring sessions? Yes No

Are you able to attend monthly Saturday sessions? Yes No

Are you able to attend a six-week summer program? Yes No

STUDENT FAMILY BACKGROUND

With whom do you live? (check all that apply)

- One biological parent
- Both biological parents
- Step parent
- Foster parent(s)
- Relative other than parent, Specify _____
- Alone
- Spouse
- Group Home
- Foster home
- Guardian, not relative specify, _____

Who are your legal guardians?

- Both parents
- Mother only
- Father only
- Ward of the court
- other, specify _____

What languages are primarily spoken at home?

- English only
 English and _____
 A language other than English, specify: _____

Do your parents/guardians:

- Check your homework? Yes No
Attend school programs/teacher conferences? Yes No
Want you to continue education after high school? Yes No

How many siblings do you have? _____ If any, how many participated in Upward Bound? _____

Have any of your brothers or sisters had any postsecondary education? Yes No

If yes, what type of school did they attend?

- 4 year college/ University Vocational/technical college
 2 year community college

If yes, are they currently attending or have they completed their post-secondary education?

- Currently attending Completed post-secondary

STUDENT NEEDS SURVEY

Please answer each question with a yes or no response.

ACADEMICS

- | | | |
|--|------------------------------|-----------------------------|
| I need hand in homework on a more consistent basis. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to get better grades in school. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need help in math. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need help in science. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need help in English. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need help in Social Studies. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need help in foreign language. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to learn how to take better notes. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to develop stronger study habits. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to learn relaxation techniques to reduce test anxiety. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to learn test taking strategies. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to learn to manage my time with school, work and activities | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to learn how to read a textbook more effectively. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to develop a better attitude towards school. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need guidance in selecting academic courses. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to be enrolled in more college prep classes. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to know more about high school graduation requirements | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to listen more effectively in class | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to learn how to participate in classroom discussions. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to communicate more effectively with teachers. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to have better relationships with teachers. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to know more about my strengths and weaknesses. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to understand what I can realistically achieve. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

CAREERS

- | | | |
|--|------------------------------|-----------------------------|
| I need to know how to prepare for careers that interest me. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to know more about possible careers and the work world. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to know how to apply and interview for jobs. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to talk to a counselor about career plans. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to have my parents involved in my career plans. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

COLLEGE PLANS

- | | | |
|---|------------------------------|-----------------------------|
| I need to learn more about financial aid for college. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to learn more about college entrance requirements. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to understand the college application process. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to decide which type of postsecondary institution to attend. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

PERSONAL

- | | | |
|--|------------------------------|-----------------------------|
| I need to experience more cultural activities. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to become more familiar with people of other cultures. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to develop confidence in myself. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to understand how my feelings affect my behavior. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need somebody to listen to me when I have problems. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to learn to tell others how I feel. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to be a better listener and respond to others better. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to become more tolerant with people whose views differ from mine. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to get along better with members of my family. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to set goals in my life. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to know how to assess and evaluate my goals. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to understand the impact of my gender and /or race on career choices. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to accept greater responsibility for my actions. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| I need to learn how to make decisions. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

I certify that all information on this application is valid and correct. I understand that admission to Anoka-Ramsey Community College Upward Bound program is **not automatic**, and that if admitted I will be informed of all program goals, objectives and requirements. This includes participation in weekly tutoring sessions, monthly Saturday sessions and a 6 week summer program. I also understand that failure to meet program requirements, goals and objectives may result in dismissal from the program.

Student signature

Date

Student printed name

STUDENT PUBLICITY RELEASE

I agree that if I am accepted into the Upward Bound Program, the staff may include my name in publications which list the names of Upward Bound students receiving academic awards, such as the Honor Roll, scholarships, service awards, and other academic achievements and accomplishments. I also agree that Upward Bound may use my picture on brochures, posters and the program website.

Student Signature

Date

