

Go Red for Women!

National Wear Red Day is Friday, February 6.
How will you *Go Red for Women*?

It's the day to wear your favorite red clothes or accessory - a red blouse, a red dress pin, a fabulous red handbag - put on red lipstick, or sport a red tie and red socks. Go red in your own fashion to show your support for women.
Join us in our fight against heart disease !

Fact: Men and women have about the same adjusted in-hospital death rate for heart attack — but women are more likely to die if hospitalized for a more severe type of heart attack, according to a report in *Circulation: Journal of the American Heart Association*.

Fact: Women who called 9-1-1 complaining of cardiac symptoms were 52 percent more likely than men to experience delays during emergency medical services' (EMS) care. The data did not reveal why women were more likely to be delayed, but other research suggests heart conditions may not be recognized as readily, thus leading to slower response times.

Fact: Heart disease is the No. 1 killer of women in the U.S. You can help combat that statistic when you shop for products or support the companies that support the fight against heart disease and elevate the cause. The products and companies shown here (<http://www.shopgored.com/>) provide dollars needed to fund heart research. You directly support the movement, even just by making one purchase.
Because doing good and looking good are always in fashion.

Please visit the following Websites for important tips and information:

Go Red Heart Checkup: http://www.goredforwomen.org/login_for_heartcheckup.aspx

Tips, Recipes, and More: http://goredforwomen.org/heart_healthy_at_any_age.aspx

About the Movement: http://goredforwomen.org/about_the_movement.aspx

Thank you!

