Chapter 4

Theoretical and Measurement Issues in Trait Psychology

Theoretical Issues

- Meaningful Differences Between Individuals
- Consistency Over Time
- Consistency Across Situations
- Person-Situation Interaction
- Aggregation

Meaningful Differences Between Individuals

- There are meaningful differences between individuals (traits psychology is also called differential psychology)
 - People differ in amounts of traits, and differences can be accurately measured
 - According to trait psychologists, every personality is the product of a combination of a few basic, primary traits

Consistency Over Time

- Research indicates consistency over time for broad traits
- Although consistent over time, how a trait is manifested in behavior might change over time
- How can there be consistency in a trait if it is known to change with age (e.g., impulsivity)? Focus on the rank order differences between people

Consistency Across Situations

- Trait psychologists traditionally assumed crosssituation consistency
- If situations mainly control how people behave, then the existence or relevance of traits questionable
- Hartshorne and May (1928): Low cross-situation consistency is in honesty, helpfulness, selfcontrol

Consistency Across Situations

- Mischel (1968): Personality psychologists should abandon their efforts to explain behavior with traits, focusing instead on situations
- Situationism: If behavior varies across situations, then situational differences and not personality traits determine behavior

Consistency Across Situations

- Mischel's (1968) critique encouraged debate in personality psychology about the importance of traits compared to situations in causing behavior
- Both sides tempered views: Trait psychologists acknowledged the importance of situation, and situationists acknowledged the importance of traits

Consistency Across Situations

 Debate led to two lasting changes: Focus on <u>Person-Situation Interaction</u> and <u>Practice of</u> <u>Aggregation</u>

Person-Situation Interaction

- Two possible explanations for behavior:
 - Behavior is a function of personality traits
 - Behavior is a function of situation

Person-Situation Interaction

Integration: Personality and situation interact to produce behavior

- Differences between people make a difference only under certain circumstances
- Situational specificity: Certain situations can provoke behavior that is out of character for an individual

Person-Situation Interaction

Integration: Personality and situation interact to produce behavior

- Strong situation: Situations in which most people react in a similar way (e.g., grief following loss of loved one)
- When situations are weak or ambiguous, personality has its strongest influence

Person-Situation Interaction

- Three additional ways in which personality and situation interact to produce behavior
 - Selection
 - Evocation
 - Manipulation

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Person-Situation Interaction

- Selection: Tendency to choose or select situations in which one finds oneself, as a function of personality
- <u>Evocation</u>: Certain personality traits may evoke specific responses from others
- Manipulation: Various means by which people influence the behavior of others; tactics of manipulation vary with personality

Aggregation

- Longer tests are more reliable than shorter ones and are better measures of traits
- Single behavior or occasion may be influenced by extenuating circumstances unrelated to personality

Aggregation

- Aggregation implies that traits are only one influence on behavior
- Aggregation also implies that traits refer to the person's average level
- Thus, personality psychologists will never be good at predicting single acts or single occasions

Measurement Issues

- Trait approach relies on self-report surveys to measure personality
- Personality psychologists assume that people differ in the amounts of various traits, and so a key measurement issue is determining how much of trait person has

- Traits are often represented as dimensions along which people differ
- Trait psychologists are aware of and address circumstances that affect accuracy, reliability, validity, and utility of self-report trait measures

Measurement Issues

- Carelessness
- Faking On Questionnaires
- Response Sets
- Integrity Testing

Carelessness

- Method for detecting such problems is an infrequency scale embedded in test
- Infrequency scale contains items that most people answer in a particular way

Measurement Issues

Carelessness

- If a participant answers differently than most, this suggests carelessness
- Another method for detecting carelessness is to include duplicate items spaced far apart in the survey—if the person answers the same item differently, this suggests carelessness

Faking On Questionnaires

- "Fake good": Attempt to appear better off or better adjusted than one is
- "Fake bad": Attempt to appear worse off or less adjusted than one is
- Method to detect is to a devise scale that, if answered in particular way, suggests faking

Measurement Issues

Response Sets

- Acquiescence: Tendency to agree with items, regardless of content; psychologists counteract by reverse-keying some items
- Extreme responding: Tendency to give endpoint responses
- Social desirability: Tendency to answer items in such a way so that one comes across as socially attractive or likable

Two Views On Social Desirability

- Represents distortion and should be eliminated or reduced
- Valid part of other desirable personality traits, such as agreeableness, and should be studied

Beware of Barnum Statements in Personality Test Interpretations

Barnum statement: generality that could apply to anyone

Integrity Testing: A Closer Look

- Integrity tests are surveys designed to assess whether a person is generally honest or dishonest; replaced polygraph
- When assessed against the "big five" personality traits, integrity is the combination of high conscientiousness, high agreeableness, and low neuroticism

Personality and Prediction

- Whether someone does well in an employment setting may be determined, in part, by whether a person's personality traits mesh with job requirements
- Personality traits may predict who is likely to do well in particular job, so it makes sense to select people for employment based on measures of traits

Personality and Prediction

- But using tests to select employees has limitations and potential liabilities
- Lawsuits have challenged the use of tests on the grounds ranging from discrimination, to invasion of privacy, to freedom of religion

Personality and Prediction

- Most employers receive overall test scores, however, not the applicant's answers to specific questions
- In 1978, the EEOC standardized federal guidelines for the use of tests in employment selection

Personality and Prediction

- Two main concerns that the employer must satisfy to use for employment selection
 - Test must predict performance on a specific job or jobs like the one people are being selected for
 - Test must not be biased or have "undue impact" on persons from protected groups, such as women and minorities

Personnel selection: Choosing the Right Person for Job

- Personality tests frequently used to screen out "wrong" individuals from a pool of applicants for police officers
- Minnesota Multiphasic Personality Inventory (MMPI)

Personnel selection: Choosing the Right Person for Job

- California Personality Inventory (CPI)
- 16 Personality Factor (16PF) Questionnaire

Selection in Business Settings: The Myers-Briggs Type Indicator (MBTI)

- MBTI is most widely used personality assessment device in business settings
- Assesses eight fundamental preferences, which reduce to four scores:
 - Extraverted versus introverted
 - Sensing or intuitive
 - Thinking or feelings
 - Judging or perceiving

Selection in Business Settings: The Myers-Briggs Type Indicator (MBTI)

- Four scores combined to yield 16 types
- MBTI used widely to select applicants for leadership positions
- But criticism, especially regarding reliability and predictive validity

Summary and Evaluation

- Hallmark of trait perspective is the emphasis on the differences between people
- Traits psychologists assume that people will be relatively constant over time and across situations in behaviors, because of their differences in various traits

Summary and Evaluation

- Traits are more likely to influence a person's behavior when the situation is weak and ambiguous and doesn't push for conformity from all people
- Personality traits refer to the average tendencies in behavior

Summary and Evaluation

- Trait psychologists are interested in the accuracy of measurement
- Interest in measurement and prediction has led trait psychologists to apply these skills to the selection or screening of job applicants and other situations where personality might make a difference